



GMS

DR. GINA SENARIGHI PH.D.

INTIMACY & RELATIONSHIPS EXPERT

CREDENTIALS & CERTIFICATIONS

Resonant Healer Certification, 2024 (est)
Body Trust Practitioner Certification,
2023
Intuitive Eating Coach/Facilitator, 2022
Trauma-UInformed Yoga Therapist, 2022
Prepare-Enrich Certification, 2021
Safe Conversations Facilitator, 2021
Yoga Therapy Certification, 2020
Reiki Master Certification, 2020
Gottman Certified Therapist - Level 2,
2018
Rising Strong Facilitator, 2014
Daring Way Facilitator, 2014
Desire Map Facilitator, 2013
WPATH Trans-Affirming Therapist, 2011
LGBTQ Therapist Certification, 2010
Meyers Briggs Type Facilitator, 2008
ICF Life Coach Certification, 2007

DEGREES

Ph.D. in Religious Studies - Pastoral
Counseling, 2019 focus: Eco-Spirituality
M.A. in Counseling Psychology, 2010
M.S. in Higher Education- Student
Affairs Administration, 2004
B.S.E. in Social Studies Education &
Geography, 2002
B.A. in Women's Studies, 2002
B.S. in Psychology, 2002

MILESTONES & MENTORSHIP

Resonant Healer Training with Sarah
Peyton, 2021-present
Consultation Group with Terry Real,
2020-2023
Consultation with Esther Perel,
2017-2020
Training with Byron Katie in The Work,
2013-2018
Training with Brene Brown in Daring
Way and Rising Strong 2012-2014
Research Internship under Dr. John &
Julie Gottman, 2010-2011

TRAININGS

Wisconsin Naturalist, 2024
Water Stewardship Training, 2023
Wisconsin State Master Gardener, 2022
EcoPsychology, 2022
Climate Grief Facilitator Training, 2021
Relational Life Therapist- Advanced
Training, 2021
Imago Therapist Training- Level 1, 2021
Herbalist Training 2020-2023
Positive Psychology, 2013-2016
Nonviolent Communication Facilitator
Training & Internship, 2006-2011
Professional Mediator Training &
Internship, 2007-2010

References available upon request.